

Dear Parents and Guardians,

Welcome back for Term 4. The weather really turned it on for us over the break and I hope everyone managed to make the most of getting out and about with family and friends. Most importantly, I trust everyone recharged the batteries in preparation for the term ahead?

We know this term is a long one, 11 and a half weeks seems like an eternity in education (especially as it is the final term of the year) but we have good plans in place to ensure we finish off the year strongly begin the planning for 2024 take time to celebrate and enjoy our time along the way.

Some things to look forward to this term includes, but is definitely not limited to:

- Welcoming new staff and students to the Lucas community.
- The Prep swimming program.
- Our curriculum day in Week 4.
- Our first Colour Run - stay tuned for more information on this.
- Sporting events like the division cricket and P-2 Athletics Day.
- Our Prep Transition Program that will welcome our 2024 Prep students and help them understand our routines and rituals.
- Year 6 Graduation celebration
- A multitude of excursions and incursions.
- Our Christmas Carols evening
- Meeting our 2024 class mates and classroom teachers.
- End of year reports and Parent Teacher Interviews

With a crowded Term 4 calendar, we will be working hard to support all students back into the routines and rituals after the break with a focus on strong learning behaviours. Term 4 is an exciting time as we get to celebrate the growth and assist in setting goals for the future.

To assist, please see the Term 4 calendar attached to this newsletter. It is a great resource to print and stick on the fridge.

## A picture tells a thousand words.

Snapshots from the last 14 days.



### Busy Last Week of Term 3

The last week of Term 3 was an extremely busy one with three major events held; our very first Japanese Day, the Grade 2 Sleep Over and the Sporting Colours Day. It was a real team effort with staff, parents and students all contributing to the success of each day.

The Japanese Day saw the students rotate through a number of Japanese inspired activities and also attend a comedy ventriloquist act, Showco. The smiles on the faces and the conversations since are a clear indicator of the success of this day. The Sushi topped off the day as a tasty lunch with special mention to our parent helpers who assisted with this organisation on the day. We hope this is the first of many Japanese Days.



The Grade 2 Sleep Over is the beginning of our school camping program with students coming together to participate in an evening of fun activities, share a meal together and sleep at school for the night. I am pleased to report that the event was highly successful with students showcasing their independence to organise themselves for a night away from parents. (I bet there were a few parents enjoying the extra quiet time as well) A huge thankyou to the hard working staff for dedicating time away from their families to provide this valuable learning experience.



The last day of term was Sporting Colours Day, a chance to don the favourite sporting team colours as a way of celebrating all the wonderful sports that we have the chance to enjoy. Thanks to everyone who joined in the spirit of the day and donated a gold coin for a good cause.



### Work over the Holiday Period

There was some significant work going on around the school during the holiday period.

**Gym Floor:** The gym floor has been resurfaced and is looking amazing. This is a task we must complete every 3-4 years. It will be important that students give their feet a good clean before using this space so we keep it in good condition for as long as possible.

**Garden Beds:** The garden beds throughout Sawyer Street and the Learning Street have been topped up to assist the mulching around tree bases and removing the trip hazards.

**Soft Fall:** Soft fall mulch has been added to a few of the playgrounds to ensure they remain safe for all who use them.

**New Portable:** Work has continued on the new portable with rooms being carpeted and the stairs and ramp almost complete. They have also been repairing the ground that was damaged during the install. This included some top dressing, concreting, topping up garden beds and tidying up a new all weather access road from the staff carpark to the basketball court. We are expecting the handover of this building in 2 weeks. We will then be able to use it as we see fit for the remainder of the year. Special thanks to Mark, our groundsperson, who has been very busy during the break.



### Preparing for 2024

As we head into the final term of 2023, our attention turns to preparations for 2024. Over the coming couple of months we will be working to confirm staffing and class arrangements for 2024.

If you know that your child will be leaving Lucas PS in 2024, please contact the office to let us know.

If you have not enrolled your child for 2024, please contact the office for enrolment forms.



## School Uniform

It was becoming increasingly clear that some of our uniform standards were slipping towards the end of Term 3 so we will be refocusing this term to ensure we maintain our usual high standards. The Student Dress Code aims to:

- foster a sense of community and belonging and encourage students to develop pride in their appearance
- **support the school's commitment to ensuring that our students feel equal and are dressed safely** and appropriately for school activities
- reduce student competition on the basis of clothing
- enhance the profile and identity of the school and its students within the wider community

The full Dress Code can be found on link below.

[https://lucasps.vic.edu.au/images/documents/policy/2023/LPS\\_Student\\_Dress\\_Code\\_Policy\\_2023\\_05.pdf](https://lucasps.vic.edu.au/images/documents/policy/2023/LPS_Student_Dress_Code_Policy_2023_05.pdf)

Generally speaking, there are only a few elements of our school dress code that require greater attention at the moment:

- Shoes - all shoes should be black with no identifiable logos. In the past there has been an exemption for runners on P.E days but this is becoming increasingly difficult to manage so we are asking all students to wear black shoes only. *There are a range of styles and prices at shops around the Ballarat area.*
- Jewellery - The only jewellery permitted (for safety reasons) are stud earrings and watches. Please check your child is not wearing necklaces, bracelets, rings, dangling earrings or other piercings to school. We understand that these can be seen as fashion accessories to help forge identity, but they are also dangers to the students as they go about their activities throughout the day, especially those more physical in nature during break times. There is plenty of time to wear these outside of school hours.
- Hats - During Term 4 all students must wear their school bucket hats. The school bucket hat has the Lucas Logo and is available from PSW.

We thank you in advance for your support with this matter.



## Parent Trivia Night

Thanks to those who have been able to **purchase a ticket to our Parent's Trivia Night**. This is a great way to build connections with other parents from across the school. It is not too late to purchase a ticket by clicking on the link below. Thanks to our hard working Trivia Team who have put this evening of fun and games together. Ticket purchases close tonight.



**LUCAS PRIMARY**  
**TRIVIA**  
*Night*

ENJOY A FUN SOCIAL NIGHT BUILDING CONNECTIONS  
WITH OTHER PARENTS AND GUARDIANS

**FRIDAY 6TH OCTOBER**

BALLARAT GOLF CLUB - 1800 STURT ST  
7:00PM ARRIVAL FOR 7:30PM START  
\$20 PP INC NIBBLES\* & WELCOME DRINK

 <b>TEAMS</b> Teams of up to 8. Nominate your team members via QuickClick or we can assign you a table.	 <b>WHO</b> Adult only event. Parents & Non school guests welcome as part of a team.	 <b>RSVP</b> Payment and RSVP due by <b>2nd October</b> via the QuickClick system. *Please note dietary req. in notes section.
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## Referendum BBQ

The Lucas Primary School gym will be used to conduct voting for the referendum on Saturday October 14. We are hoping to make the most of this opportunity to raise funds for the school by conducting a BBQ during the day. We are looking for volunteers on this day to assist with the BBQ. Can your family help out for 1 hour? Many hands make light work!

Please indicate your availability by signing up on the following link.

[https://docs.google.com/document/d/1sAOmvjX\\_LZb-dGFeOr9z5UMzINiL7tvj7SuMscjYr14/edit](https://docs.google.com/document/d/1sAOmvjX_LZb-dGFeOr9z5UMzINiL7tvj7SuMscjYr14/edit)



## JSC Friday Fundraising



The Junior School Council members will be running a fundraiser every Friday throughout Term 4. They will be selling **Zooper Doopers** for **\$1 each** from the canteen. All money raised will be spent by the Junior School Council on resources for our school. If you would like to purchase a Zooper Dooper on Friday please bring \$1 to school and join the Zooper Dooper line at lunch. There will be sugar free options available!

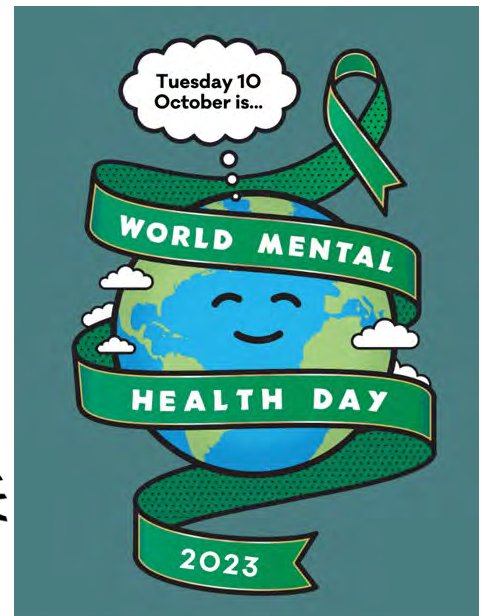
**TERM 4**

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
1	2 <sup>nd</sup> October	3 <sup>rd</sup> October	4 <sup>th</sup> October	5 <sup>th</sup> October	6 <sup>th</sup> October Tomodachi Groups
2	9 <sup>th</sup> October Swimming - Prep 	10 <sup>th</sup> October Swimming - Prep Ballarat High School transition session Yr 6	11 <sup>th</sup> October Swimming - Prep	12 <sup>th</sup> October Swimming - Prep	13 <sup>th</sup> October Swimming - Prep Assembly
3	16 <sup>th</sup> October OOD visit to Lucas Kinder School Council	17 <sup>th</sup> October	18 <sup>th</sup> October OOC visit to Lucas Kinder	19 <sup>th</sup> October Young Authors Program - Session 3 Cardigan Village Kinder Visit	20 <sup>th</sup> October Tomodachi Groups OOB visit to Lucas Kinder
4	23 <sup>rd</sup> October Curriculum Day	24 <sup>th</sup> October	25 <sup>th</sup> October OOA visit to Lucas Kinder	26 <sup>th</sup> October "Little Bits" Incursion Yr 5/6	27 <sup>th</sup> October Assembly Colour Run 
5	30 <sup>th</sup> October	31 <sup>st</sup> October	1 <sup>st</sup> November	2 <sup>nd</sup> November Division Cricket	3 <sup>rd</sup> November Young Authors Program - Celebration
6	6 <sup>th</sup> November	7 <sup>th</sup> November Melbourne Cup Day	8 <sup>th</sup> November	9 <sup>th</sup> November	10 <sup>th</sup> November Assembly
7	13 <sup>th</sup> November School Council	14 <sup>th</sup> November	15 <sup>th</sup> November	16 <sup>th</sup> November Prep Transition Session 1 and Parent Session	17 <sup>th</sup> November P-2 Athletics Day 
8	20 <sup>th</sup> November	21 <sup>st</sup> November	22 <sup>nd</sup> November	23 <sup>rd</sup> November	24 <sup>th</sup> November Assembly
9	27 <sup>th</sup> November	28 <sup>th</sup> November	29 <sup>th</sup> November Prep Transition Session 2.	30 <sup>th</sup> November	1 <sup>st</sup> December Tomodachi Groups
10	4 <sup>th</sup> December School Council	5 <sup>th</sup> December	6 <sup>th</sup> December	7 <sup>th</sup> December Christmas Carols Evening 	8 <sup>th</sup> December Pevan & Sarah -Prep Assembly Student Reports Available on Compass
11	11 <sup>th</sup> December Year 6 Graduation Night  CONGRATULATIONS	12 <sup>th</sup> December Orientation Day Prep Transition Session 3.	13 <sup>th</sup> December 3/4/5/6 Showbiz movies Newsletter 5/6 open afternoon 3 - 4pm	14 <sup>th</sup> December Parent Teacher Interviews 1.45 - 6pm Early Finish at 1.30pm	15 <sup>th</sup> December Yr 1/2 Showbiz movies
12	18 <sup>th</sup> December Yr 5/6 Scienceworks Yr 3/4/5 Playground visit	19 <sup>th</sup> December Assembly Last day - early finish 1.30pm. 			

## Mental Health Awareness Month

October is Mental Health Awareness Month and Tuesday 10<sup>th</sup> October World Mental Health Day. Our Tomodachi sessions for October will focus on building awareness of the importance of mental health and **promoting the message that 'Mental Health is Health'**. Currently our Year 5/6 students are trialling the **Sebastian Foundation's highly regarded online Mental Health Program 'Open Parachute'**, which supports the teaching and learning of mental health and wellbeing **awareness, skills and strategies**. 'Open Parachute' is used conjunction with our **'Respectful Relationships' program**. Next year our Year 3 to 6 students are going to be engaging in the program thanks to the support of Hand in Hand Ballarat and the Sebastian Foundation. On Monday 9<sup>th</sup> October Guy Sebastian is coming to Ballarat for a special event organised by Hand in Hand Ballarat. All the community is invited to attend this special event.

**MENTAL  
HEALTH  
MONTH  
OCTOBER**



Hand in Hand presents

**LET'S TALK ABOUT MENTAL HEALTH**

JOIN US:  
9<sup>TH</sup> OCTOBER, 2023

Special Guest: **GUY SEBASTIAN**

5PM - 7PM  
THE REGENT CINEMA  
BALLARAT

"Olympic Journey"  
Guest speakers:  
Josh Hose & Shayne Reese



THE SEBASTIAN FOUNDATION

Hand in Hand

**LET'S TALK ABOUT MENTAL HEALTH**

✪ GET EXCITED BALLARAT! AN EVENT NOT TO BE MISSED! ✪

✪ LET'S TALK MENTAL HEALTH ✪



Monday 9<sup>th</sup> October 2023  
5.00pm - 7.00pm

Featuring guest speakers, two Olympic gold medalists that will share their journey's with us. Our special guest from The Sebastian Foundation, Guy Sebastian himself! Guy won't be here to sing, but he will be sharing his journey and The Sebastian Foundation story with us. We will have local Primary School students participating in an open Q & A with Guy so the audience can contribute to the conversation.

It will be a night of shared stories, valuable insights, personal experiences, shared information and some fun thrown in there as well! Don't miss this! A night for the whole family!

Tickets go on sale Friday 15/9/23 at 7am!  
<https://LetsTalkAboutMentalHealth.eventbrite.com>  
Adult: \$20 Youth: \$10

Thank you for Helping us, Help our Kids! ❤️



THE SEBASTIAN FOUNDATION

## LUCAS PS - Colour Run 2023



On Friday 27<sup>th</sup> of October (Week 4) we will be hosting our very first Colour Run!! The 2023 Lucas PS Colour Run will be raising money for a large screen in the Gym which will allow for lots more sharing of learning at assembly and will allow for greater learning opportunities in class.

Students will create their own profile at home using the links provided and all fundraising will be online (electronic) so no cash needs to be handed in at the office. Students will have the chance to win individual and class prizes with every student who raises over \$10 winning a prize.

### Colour Run Process:

Friday 6<sup>th</sup> of October – Students will be provided with a pamphlet & create their own profile online at home

Weeks 2, 3 & 4 – Students raise money using their online profile

Friday 27<sup>th</sup> of October – Colour Run Date - Students to wear a white shirt

Friday 3<sup>rd</sup> of November – Prizes Open Date (Absolute last chance to submit donations)



### Steps to create your child's own profile (instructions will be included in pamphlet)

- 1 - Create your child's own profile using the following link - [schoolfunrun.com.au](https://schoolfunrun.com.au)
- 2 - Ensure you select Lucas Primary School and your child's class e.g. 34C





# VALUES AWARDS



## Edwin Prep A

Edwin is a kind friend to his peers. He helps others with a smile. He tries his best at all tasks and takes on given feedback.



## Boston Prep B

For demonstrating all of the school values to a high standard everyday. Boston is kind, caring and always tries his best,



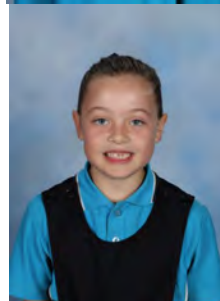
## Eloise Prep C

For always demonstrating the school values. She is a kind, caring hardworking member of our class. She is a role model to her peers.



## Maisie Prep D

Maisie is a very kind, patient student who always loves giving compliments. She takes on feedback and challenges herself.



## Charli 1/2 A

Charli demonstrates all the habits of a successful learner. She makes 1/2A a great place to be.



## Eve 1/2 B

The kindness Eve shows and her sense of humour make her a delight to be around. She demonstrates all values to a high standard.



## Sophie 1/2C

For always being ready and enthusiastic to learn as well as being kind and caring, respectful and helpful to those around her.



## Ditya 1/2D

For being a caring, thoughtful member of 1/2D. She strives for success, completes her work with attention to detail.



## Maddison 1/2 E

For her incredible ability to show our four school values every day. She is persistent, caring, listens and shows growth in all subject areas.



## James 1/2 F

For his incredible ability at showing the school values. He can always be trusted to do the right things. He works to the best of his ability always.



## Paityn 1/2 G

For being a hard worker who stays focused and takes pride in all she does. She uses her manners and looks after her belongings every day.



## Maddi 3/4 A

For always coming to school with a smile, doing home reading and always trying her best during learning tasks.

# VALUES AWARDS



**Jed 3/4B**

For always demonstrating the school values to a high standard. Congratulations for an amazing term Jed! Well done!



**Cameron 3/4 C**

Cameron is a role model to his peers. He works hard every day aiming high and challenging himself. He demonstrates all school values.



**Ivy 4/5 A**

For demonstrating all the school values to a high standard every day. Well done Ivy, keep aiming high!



**Ivy 5/6 A**

5/6A are so lucky to have Ivy in the class. She is selfless, helpful, kind and inclusive. She is respectful and responsible.



**Tavan 5/6 B**

For consistently demonstrating all the school values in the classroom. He is a wonderful role model to all. Well done!

QUERIES: CALL DOM 0417 967 621



# SUPER SPRING SPORTS!

**BACK AT LUCAS PS FOR TERM 4!**

**AFTER SCHOOL SPORTS PROGRAM**

TUESDAYS: MULTI-SPORTS 3:35PM-5:05PM  
(TENNIS, CRICKET, FRISBEE, SOCCER & BASKETBALL)  
2 WEEKS OF EACH SPORT. PREPS TO GRADE 6

**STARTS  
WK 1  
3RD OCT**

FOR THE LOVE OF SPORTS  
**25**  
YEARS

**\$23 + GST  
PER  
SESSION**

**LEARN NEW SPORTS & SKILLS IN TERM 4**  
Have loads of fun with your friends while playing a range of dynamic & active sports throughout term 4  
**OUR SESSIONS RUN AT LUCAS PS  
PARENTS PICK-UP AT 5:05PM**

BOOK ONLINE NOW AT

 **KELLYSPORTS.COM.AU**

**WWW.KELLYSPORTS.COM.AU/GREATER-BALLARAT**